The Thogomelo Project aims to build the capacity of community caregivers (CCGs) to care for themselves and in turn to enhance the quality of care and protection they provide to vulnerable children and families. The project was initiated in 2008 by the national Department of Social Development with the support of USAID. The project is implemented by a consortium consisting of PATH, Health and Development Africa (HDA) and the International HIV/AIDS Alliance (IHAA) in close partnership with community caregivers (learners) and their supervisors; provincial training service providers (TSPs); and district and provincial Departments of Social Development.

The Thogomelo Project is now in the third year of its five-year pilot phase. This document profiles the provincial achievements, reach and impact as reflected in the Mid-term Process Evaluation of June 2011. This information aims to support decision-making, quality assurance and sustainability of project results.

Thogomelo curricula

<table>
<thead>
<tr>
<th>Curriculum</th>
<th>Child protection</th>
</tr>
</thead>
</table>
| Thogomelo Psychosocial Skills Development Programme for CCGs | Levels: 1 & 2 of National Qualifications Framework  
Target: Community caregivers  
Content: Understanding and dealing with psychosocial stress; maintaining psychosocial wellbeing and sources of psychosocial support; and basic child protection skills |
| Thogomelo Child Protection Skills Development Programme for Supervisors of CCGs (and other child caring occupations) | Levels: 3 & 4 of National Qualifications Framework  
Target: Supervisor/coordinators of community caregivers  
Content: Knowledge and skills to respond to child abuse, neglect and exploitation; and referral networks |
| Thogomelo Supportive Supervision Skills Development Programme | Levels: 3 & 4 of National Qualifications Framework  
Target: Supervisors of community caregivers  
Content: Supportive supervision skills; enhancing caregiver and organisational wellbeing |
National project achievements to date

- Development of three curricula registered with the Health and Welfare SETA (see table on previous page).
- Capacity development of 12 provincial training service providers in curriculum content, facilitation methodology and accreditation requirements.
- A total of 1,526 community caregivers and supervisors were trained. In Psychosocial Support 1,289 learners were trained, in Child Protection 207 were trained and 21 learners were trained in a Field Review of Supportive Supervision for Supervisors of community caregivers (Years 1 to 3), verification of 193 community caregivers in Year 3.
- Production of three good practice case studies on the development of accredited curricula, capacity development of training service providers and incorporating gender in capacity development.
- Resources for community caregivers: a child protection CD-Rom containing relevant policy and legislation; a psychosocial support diary for caregivers; resource guides in child protection and psychosocial support; and a costing model for use by the Department of Social Development, training service providers and stakeholders to accurately cost the Thogomelo accredited training.

Provincial status: Northern Cape (Years 1-3)

<table>
<thead>
<tr>
<th>Training service provider</th>
<th>Facilitators</th>
<th>Assessors</th>
<th>Moderators</th>
</tr>
</thead>
<tbody>
<tr>
<td>GLICAM</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>CHILDLINE NORTHERN CAPE</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHILD WELFARE</td>
<td>1</td>
<td></td>
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</tr>
</tbody>
</table>

Total learners trained in psychosocial support SDP:

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>59</td>
<td>29</td>
<td>31</td>
<td>119</td>
</tr>
</tbody>
</table>
District reach
Learners from 3 of the 5 districts in Northern Cape have been trained: Namakwa, Pixley ka Seme and Frances Baard.

Average age of male and female learners 2010

![Average age of learners graph]

Percentage of male and female learners trained in PSS

![Percentage graph]

Educational (NQF) levels of PSS training learners in Year 2

![Educational levels graph]

National findings from the mid-term process evaluation

- Consolidation of buy-in from all levels of DSD is required; encourage DSD to play an increasingly central role in the Thogomelo project management; provide training to provincial officials in programme implementation and quality assurance of deliverables.
- Potential for Thogomelo to be conducted as an unaccredited skills development programme to be explored.
- Affordability study to be conducted to review value for money and sustainability of various implementation models; increase awareness of value of Thogomelo Costing Model.
- Increased involvement and participation needed of HCBCs in the Thogomelo programme.
- Communication with provinces to be improved. Encourage dialogue and partnership.
- Thogomelo training should focus on depth rather than breadth to increase impact at lowered costs (this means training learners in one district as opposed to across the province).

Province specific findings of the mid-term process evaluation

Conducted with national, provincial and district Departments of Social Development, training service providers, home community-based care organisations and learners through a qualitative stakeholder analysis, including focus group discussions with learners.

What are the project successes in Northern Cape?

- Excellent learner support by the TSPs. All participants understood the need for training.
- The programme was practical, relevant and added value to CCGs.
- All HCBC organisations regarded the training as having an “excellent positive impact” on CCGs.
Cost of training

- The cost to train 30 learners excluding materials, travel, accommodation, venue hire and catering is R134 484. The cost per learner is R4 482.80 (including assessment, moderation and verification costs).
- The cost for TSP staff to attend accredited facilitator/assessor/moderator training is a minimum of R3 000 per trainee (excluding travel, accommodation, venue hire and catering).

What our learners say

- The training opened up my understanding. It healed and cured me.
- It helped me know more about what is expected of me as a caregiver.
- The training provided a safe space for us to learn and share openly.
- I like learning about psychosocial support because it helps me a lot.

Evidence of impact

- Learners have more confidence and knowledge.
- Community members have confidence in the trained caregivers, and are not afraid to approach them for help.
- Community networking and referral capabilities of CCGs and HCBCs improved.

Action required in Years 4 and 5

- Briefing of learners and HCBC organisations before training needs to be improved.
- Stricter adherence to learner selection criteria needs to be ensured.
- Important to train more learners in the same area, rather than across entire province.
- DSD and TSPs must continue to develop their relationship to ensure project sustainability.
- Encourage and improve the relationship between TSPs and district DSD.

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I like learning about psychosocial support because it helps me a lot.