FOR PROVIDERS

Sayana Press Injection Job Aid

Medroxyprogesterone acetate—104 mg/0.65 ml suspension in the Uniject™ injection system

**STEP 1: Select an injection site**
Sayana® Press can be given on the back of the upper arm, the abdomen (not at the navel), or the front of the thigh. Clean the site if needed.

**STEP 2: Open the foil pouch and remove Uniject**
Check the expiration date.

**STEP 3: The Uniject injection system**

**STEP 4: Mix the solution**
- Hold the Uniject by the port and shake vigorously for approximately 30 seconds.
- Do not bend the Uniject.
- Check to make sure Sayana Press is mixed and there is no damage or leaking.
- Mix again if there is a delay before you give the injection.

**STEP 5: Activate the Uniject**

- Hold the Uniject by the port.
- Point the needle upward during activation to prevent dripping.
- Push the needle shield firmly into the port.
- If the gap is not fully closed, you will not be able to squeeze the reservoir during injection.
- Remove the needle shield.
**STEP 6: Gently pinch the skin at the injection site**
This creates a “tent” for inserting the needle.

**STEP 7: Insert the needle at a downward angle**
- Continue to hold the Uniject by the port and insert the needle straight into the skin at a downward angle.
- The port should have full contact with the skin to ensure the needle is inserted at the correct depth.

**STEP 8: Squeeze the reservoir**
- You should not aspirate.
- Squeeze the reservoir slowly (5 to 7 seconds).
- It is OK if there is a little medication left in the reservoir.

**STEP 9: Discard the Uniject**
- Do not replace the needle shield.
- Immediately discard the Uniject in a puncture-proof container.

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